

# Statin Therapy in Diabetes Care

Statin therapy reduces the risk of developing diabetic retinopathy.

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## 2020 ADA Guideline Therapy

### Recommendations

- Statin Therapy Recommended for ALL Diabetics OVER AGE 40
- Use High-Intensity Statin in HIGH RISK Diabetics with Multiple ASCVD Risk Factors or AGED 50-70 YEARS
- Moderate-Intensity Statin Recommended for Diabetics OVER AGE 75

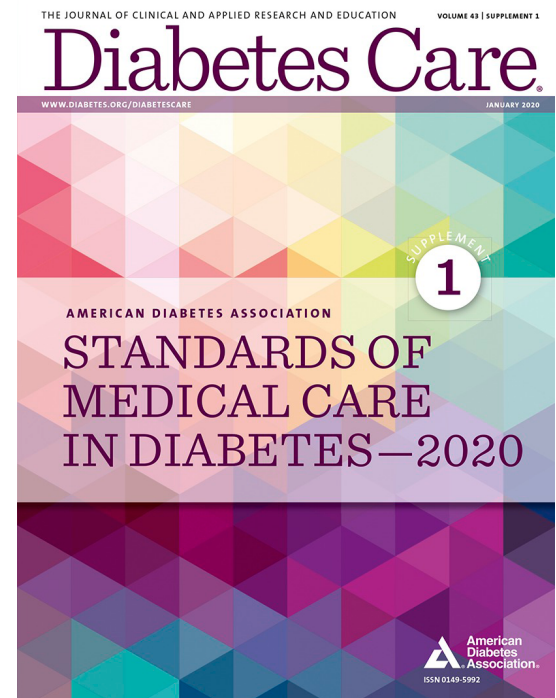
### High-intensity and moderate-intensity statin therapy for once-daily dosing

High-intensity statin therapy (lowers LDL cholesterol by  $\geq 50\%$ )

Atorvastatin 40-80 mg  
Rosuvastatin 20-40 mg

Moderate-intensity statin therapy (lowers LDL cholesterol by 30-49%)

Atorvastatin 10-20 mg  
Rosuvastatin 5-10 mg  
Simvastatin 20-40 mg  
Pravastatin 40-80 mg  
Lovastatin 40 mg



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